**Y10 BTEC Sport – Assignment 2**

*Mr S.Thomas and Miss H.Bingham set this assignment for all Y10 BTEC Sport groups*

Set on Mon 08 March

Due on Thu 1 April

**Task description**

Having completed your first assignment you now need to start your 2nd assignment in your practical sport assignment block. In this assignment you will ned to discuss the skills, techniques and tactics for two sports. You are able to use any sports you would like to, **but they must be sports that you can play in school**.

You are required to describe 4 skills, 4 techniques and 4 tactics for each sport. In total you will therefore be discussing 8 skills, 8 techniques and 8 tactics. You are asked to provide photographic evidence to help with your description. We would normally ask that this is pictures of you, however at the moment, you will need to select pictures from the internet and **ensure you reference them.**

**Task 1:**

(Starts: Monday 8th March. Ends: Friday 12th March)

Describe 4 skills for your two selected sports. You need to accurately describe how each skill is performed and when they would be used in the sport you have chosen. An example would be a pass, shot, header and tackle in Football.
Remember to use pictures to support your answers. **Remember:** This is 8 skills in total.

**Task 2:**

(Starts: Monday 15th March. Ends: Friday 19th March)

Describe 4 tactics for your two selected sports. You need to accurately describe how each tactics used in the sport you have chosen. An example would be a Rebounding on defence, preventing progression up the court, man to man marking and Height advantage in attack, in Netball.
Remember to use pictures to support your answers. **Remember:** This is 8 tactics in total.

**Task 3:**

(Starts: Monday 22nd March. Ends: Thursday 1st April)

This is the most complex element of this assignment, so we have deliberately provided you with longer than the other two tasks.

You need to Describe 4 techniques for your two selected sports. You need to accurately describe how each techniques is used in the sport you have chosen. You need to discuss discrete, continuous and serial skills in your sport. You will need to do some research to find out what those skills are and then link them to specific movements in your sports. The website below will help you initially to understand these terms, but **you must then do sport specific research.**<https://skillacquisition.weebly.com/discrete-serial-and-continuous.html>

Remember to use pictures to support your answers. **Remember:** This is 8 tactics in total.

Please let us know if you have any questions.

Regards,

Mr Thomas and Mrs Bingham