|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **Tasks** | **Resources** | **Assessment** |
| 26/05 | **2a** : Mechanical Advantage  Slide 17 – 22  Slide 23 – 29 Practice and apply it questions  **HW** – Movement analysis booklet. | 2a Power point | Hardcopy given on 20/03 due on the 27/03 |
| 26/05 | **2b**: Planes and Axis  Muscle contraction starter – complete sheet  Complete 2b worksheet with 2b power point.  **HW** – Planes Analysis | Muscle contraction  2b worksheet  2b Homework | 3/04 typed up |
| 26/05 | **2a and 2b Revision/Consolidate lesson**  Read and make notes on pages 30 -37. Complete questions on 40 – 41.  You tube  Use bitesize :  <https://www.bbc.co.uk/bitesize/guides/zqrvcwx/revision/1>  Complete test score email us your result /10. | Text Book – 30 -41  BBC bitesize  You tube | HW test score emailed by 24/04 |
| 09/06 | **4a**: Classification of Skills  slides 1 – 12. Complete notes in book.  **HW** – Skills Classification | 4a PowerPoint  Notes in book  Text book 79-83 .  HW sheet | 1/05 |
| 16/06 | **4a** : Classification of skills PowerPoint  Goals Setting slides 13 – 19 – use worksheet to help structure notes.  Slide 20 - 24 exam questions  **HW** – Goals setting Exam questions sheet | 4a PowerPoint  Worksheet goal setting  Goal setting HW | 8/05 |
| 23/06 | **4b** : Basic Information Processing  Slide 4 – 13 – use worksheet to help structure notes.  Slide 14 practice questions  Slide 15 6 marker  **HW** – Information Processing Sheet | Worksheet basic processing  HW Info processing sheet | 15/05 |
| 30/06 | **4b** : Types of Guidance  Slides 1 – 11 use Types of guidance worksheet to structure notes.  **4b**: Types of Feedback  Slides 12-23 use Types of feedback worksheet to structure notes.  **HW** – Types of guidance and feedback exam questions | Types of Guidance worksheet  PowerPoint 4b Types of guidance. | HW due 22/05 |
| 07/07 | **Revision/Consolidate lesson**  Read and make notes on pages 79 - 93. Complete 5 ‘Test your understanding Questions’  You tube  Use bitesize :  <https://www.bbc.co.uk/bitesize/topics/z2k89qt>  Complete test on Guidance and Feedback email us your result /20. | Text book  BBC bitesize | Test score emailed. |
| 14/07 | **4c: Arousal Theory**  **Powerpoint 4c Arousal – Slides 1 -12**  use worksheet to help structure notes (Arousal worksheet)  HW Complete psychology quiz (powerpoint) and give us your score out of 12! | Powerpoint 4c  Worksheet : arousal Worksheet  HW Powerpoint quiz |  |
| 21/07 | **4c: Aggression, Motivation and Personality Types**  Use pages 97 – 101 to complete worksheets on aggression and personality types and motivation.  HW Complete Practice Questions on pages: 98, 99, 100. | Worksheets:  Aggression and personality types.  Motivation  HW Text Book practice Questions 98,99,100. |  |