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| **Date**  | **Tasks**  | **Resources**  | **Assessment**  |
| 26/05 | **2a** : Mechanical Advantage Slide 17 – 22Slide 23 – 29 Practice and apply it questions **HW** – Movement analysis booklet.  | 2a Power point  | Hardcopy given on 20/03 due on the 27/03 |
| 26/05 | **2b**: Planes and Axis Muscle contraction starter – complete sheet Complete 2b worksheet with 2b power point. **HW** – Planes Analysis  | Muscle contraction 2b worksheet 2b Homework  | 3/04 typed up |
| 26/05 | **2a and 2b Revision/Consolidate lesson** Read and make notes on pages 30 -37. Complete questions on 40 – 41. You tube Use bitesize : <https://www.bbc.co.uk/bitesize/guides/zqrvcwx/revision/1>Complete test score email us your result /10.  | Text Book – 30 -41 BBC bitesize You tube  | HW test score emailed by 24/04 |
| 09/06 | **4a**: Classification of Skills slides 1 – 12. Complete notes in book. **HW** – Skills Classification  | 4a PowerPoint Notes in book Text book 79-83 .HW sheet  | 1/05 |
| 16/06 | **4a** : Classification of skills PowerPoint Goals Setting slides 13 – 19 – use worksheet to help structure notes. Slide 20 - 24 exam questions **HW** – Goals setting Exam questions sheet  | 4a PowerPointWorksheet goal setting Goal setting HW  | 8/05 |
| 23/06 | **4b** : Basic Information ProcessingSlide 4 – 13 – use worksheet to help structure notes. Slide 14 practice questionsSlide 15 6 marker **HW** – Information Processing Sheet  | Worksheet basic processing HW Info processing sheet  | 15/05 |
| 30/06 | **4b** : Types of Guidance Slides 1 – 11 use Types of guidance worksheet to structure notes. **4b**: Types of FeedbackSlides 12-23 use Types of feedback worksheet to structure notes. **HW** – Types of guidance and feedback exam questions  | Types of Guidance worksheet PowerPoint 4b Types of guidance.  | HW due 22/05 |
| 07/07 | **Revision/Consolidate lesson** Read and make notes on pages 79 - 93. Complete 5 ‘Test your understanding Questions’ You tube Use bitesize : <https://www.bbc.co.uk/bitesize/topics/z2k89qt>Complete test on Guidance and Feedback email us your result /20.  | Text book BBC bitesize  | Test score emailed. |
| 14/07 | **4c: Arousal Theory** **Powerpoint 4c Arousal – Slides 1 -12** use worksheet to help structure notes (Arousal worksheet) HW Complete psychology quiz (powerpoint) and give us your score out of 12! | Powerpoint 4cWorksheet : arousal Worksheet HW Powerpoint quiz |  |
| 21/07 | **4c: Aggression, Motivation and Personality Types** Use pages 97 – 101 to complete worksheets on aggression and personality types and motivation. HW Complete Practice Questions on pages: 98, 99, 100.  | Worksheets:Aggression and personality types.MotivationHW Text Book practice Questions 98,99,100.  |  |