**Useful Organisations**

RAPE CRISIS NATIONAL HELPLINE

Helpline: 0808 802 9999

www.rapecrisis.org.uk

Specialist sexual violence services for female survivors. National helpline open

every day from 12noon – 2.30 and 7pm – 9.30. Free-phone number will not

show up on caller’s bill. Calls are completely confidential. Support for women

and girls aged 14 years and over.

WOMEN’S AID

Helpline: 0808 2000 247

www.womensaid.org.uk

For all women and children experiencing, or who have experienced, domestic

violence as well as friends and family seeking to support women and children

who are experiencing, or who have experienced, domestic violence.

NSPCC Childline

Helpline: 0800 1111

www.childline.org.uk

Free service for under 18 year olds. Helpline and webchat available for any

young person who needs support on any issue. Calls are confidential unless

safety concerns are raised.

SURVIVORS UK

www.survivorsuk.org

Male survivor service for men aged 18 and over only, however website is a

good resource for men and boys of all ages about the impacts of sexual

violence for men.