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| **Untitled-1.pngUntitled-1.png****BTEC LEVEL 1/2 FIRST AWARD IN SPORT ASSESSMENT/ASSIGNMENT SHEET** |

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| **Practical Sports Performance - Unit 2, Assignment 2 Practically demonstrate skills, techniques and tactics**  | **Assessors name: P. Hamblin, S. Thomas, A. Hussey / H. Bingham** |
| **Internal verifier: S.Thomas, P.Hamblin, A.Hussey** |
| **Issue date: Hand in Date:**  |
| **Learning Aim****B** | Practically demonstrate skills, techniques and tactics in selected sports.2B.P4 2B.P5, 2B.M2 |
| Scenario: A sports coaching company is working together with a local sports centre to try to increase the number of young children participating in sports. They have decided to develop a section on a sports website to promote themselves within the local community. The main focus is to help the local community understand the components of fitness, technical and tactical demands for certain sports. The manager for the sports centre has asked if the BTEC Level 1/2 Sport students would produce a promotional video and written description for two sports. The sheet and video clips need to show the community the skills, techniques and tactics required to perform effectively in two sports. |
| **Task 1**Select any two sports. Consider those you are familiar with playing, and those where you have a range of skills, techniques and tactics. Produce a written promotional work sheet with pictures which shows you demonstrating the skills, techniques and tactics of each of these sports to the best of your ability, within a variety of situations (PE lessons, team training sessions and competitive situations). * Describe the physical and skill related components of fitness as well as the technical and tactical demands that you are required to perform within your two selected sports. **(P4)**

**Task 2**In addition, you are required to film yourself showing these skills, techniques and tactics in both a closed and open environment.a) Within the video for **each** sport, you are required to demonstrate the technical requirements of each sport in isolated practices. This should include specific drills which are used to develop a performer’s ability to apply the skill/technique correctly. **(P5)**b) The video and written promotional work sheet should show you demonstrating the relevant techniques and tactics of each sport in conditioned practices/games. These could include adapted competitive situations which further develop skills and techniques and also includes tactical applications. **(P5)**c) Finally, each video should show you performing in a competitive situation within each sport. **(M2)****Assessment Evidence:** Practical demonstration of the skills using video evidence and a written description of the techniques and tactics with photo evidence.  |
| **Grading Criteria** |
| **2B. P4** | Describe the components of fitness and technical and tactical demands of two selected sports |
| **2B. P5** | Demonstrate relevant skills, techniques and tactics effectively, in two selected sports in conditioned practices. |
| **2B.M2** | Demonstrate relevant skills, techniques and tactics effectively, in two selected sports, in a competitive situation. |

**Level 1**

If you have not achieved the Level 2 criteria, your work will be assessed to determine if the following Level 1 criteria have been met.

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| 1B.4 | Describe the technical demands of two selected sports. |
| 1B.5 | Use relevant skills and techniques effectively, in two selected sports, in isolated practices. |

Other help for recourses:

BOOKS:

Rob Comms, Michala Swales, Ian Wood, Ray Barker, Gez Rizzo and Darrel Barsby (2010) BTEC level 2 first in Sport.

WEB:

[www.badmintonengland.co.uk](http://www.badmintonengland.co.uk)
Badminton Association of England

[www.britishcycling.org.uk](http://www.britishcycling.org.uk)
British Cycling

https://prezi.com/b7lx4bwuinza/football-skills-techniques-and-tactics/

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| **ASSESSMENT RECORD SHEET (Summative Assessment)** |
| **Programme** |  BTEC First Award in Sport  | **Learner****Name** |  | **Assessor****Name** |   |
| **Unit No. & Title** |  2 : Practical Sports Performance  | **Target Learning Aims** |  1B.4, 1B.5, 2B. P4, 2B.P5, 2B.M2 | **Assignment****No. & Title** |  2: Technical and tactical demands of sports. Skills, techniques and tactics |
| **Issue Date** |  | **Hand in Date** |  21.09.20 | **Final Submission Date** |  |
| **Target criteria** | **Criteria****Achieved** | **Final Assessment Comments** |
| 1B.42B. P4 |  | Describe the components of fitness and technical and tactical demands of two selected sports. |
| 1B.52B. P5 |  | Demonstrate relevant skills, techniques and tactics effectively, in two selected sports in conditioned practices. |
| 2B.M2 |  | Demonstrate relevant skills, techniques and tactics effectively, in two selected sports, in a competitive situation. |
| **Summative comments** |
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| **Resubmission authorisation\*****Lead IV** |  | **Resubmission Date:** |  |
| \* All resubmissions must be authorised. Only 1 resubmission is possible per assignment. |
|  | **Assessor Signature** |  |  |  | **Date:** |  |   |
|  | **Learner comments** |  |  |
| **Learner Signature** |  | **Date:** |   |

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| Learner declaration: I certify that the work submitted for this assignment is my own. I have clearly referenced any sources used in the work. I understand that false declaration is a form of malpractice. Learner signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date:  |