Menu week commencing 12th July

Monday: 12th

Main: Homemade meatballs served in a rich tomato & basil sauce, wholemeal Fusilli pasta, garlic bread & a green salad

Veggie: Quorn Swedish meatballs, in a rich tomato & basil sauce, wholemeal Pasta, garlic bread & a green salad

Pudding; Apple Brown betty & Custard

Grab & Go; Pizza Slice & Curly fries, Ham, pepperoni, Plain cheese, Cheese & Tomato, served with salad pots

## Tuesday 13th

Main; Pomegranate Chicken, served with White rice or Jewelled Cous Cous with a citrus salad Veggie; Lebanese's Falafel served warm in a Khobez, with Hummus, jewelled CousCous and a citrus salad

Pudding: Orange & Cinnamon Polenta cake & Ice Cream

Grab & Go: Burger & Wedges, Chicken, Quorn or beef burgers served in a floured bun, thick cut wedges and pots a of salad & Cheese

## Wednesday 14th

Main: Toad In the hole Yorkshire wraps with Cumberland sausages, seasonal veggies and roast potatoes, or Roast Pork, apple sauce & the same as above.

Veggie: Spinach Frittata, Seasonal veggies & Roast potatoes

Pudding: Mango & Coconut Slice

Grab & Go Hot dog & onions, bbg sauce, cheese topping & Quorn Dogs

## Thursday 15th

Main: Chicken Kathi Rolls, Egg dipped Tortilla wraps, cooked then filled with the spiced chicken & Turmeric Rice, wrapped and served with a coconut & Chicken pea salad or served separate without the egg wrap.

Veggie: Rajasthan watermelon curry & Rice, outer white cooked with spices & onions before adding the inside flesh, serve with the rice & salad.

Pudding: Indian Kulffi Ice cream Pots

Grab & Go: Panini's filled with Cheese & Ham, ham, Chicken, Tuna mayo, Bacon, served with wedges.

## Friday 16th July

Main: Fiery Battered Fish & Chips Veggie: Cheese bean Wraps & Chips Pudding Frozen banana Mousse Pots Chicken Nuggets, Plain & Cheese Chips

Served daily: Slices of homemade pizza, meat or cheese topped, Filled jackets potatoes, Cheese, Tuna mayo or baked beans, Filled baguettes or sandwiches.

Fresh Fruit, Mixed fresh Fruit Pots & Jellies, Yogurts topped with flapjack

Cookies & Homebakes, Crisps, vegan Sticks and a wide selection of drinks & Juices.

Years 8 & 9 to order from the hut, any lunch time meal they would like and it will be ready for them at lunch time.

Thank you

Kitchen team