

# Year 9 Residential Trip to St. Ives, Cornwall 28th April - 1st May 2025



**Please fill out your consent forms and medical forms before leaving tonight.**



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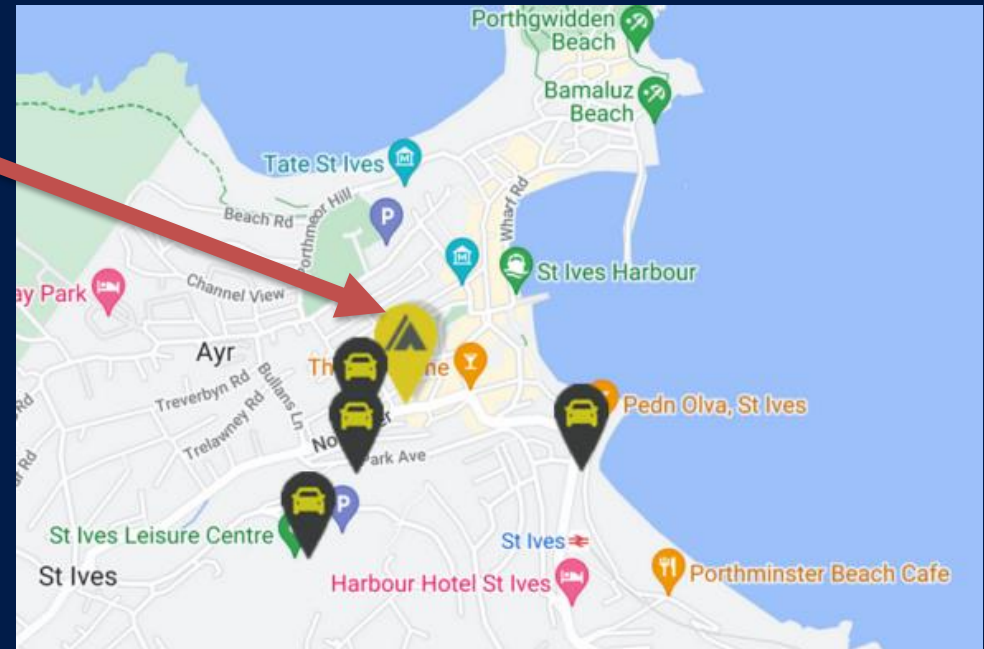
# Objectives of the Trip

- Educational Enrichment: Combine academic learning with cultural experiences.
- Teamwork and Social Skills: Promote collaborative learning and peer bonding.
- Have fun!

# 'My Cornwall'

- Students will have a Photography project to complete over the course of entire trip and the results will be showcased in an exhibition at school on our return.

- Cohort offers superb, award winning accommodation in the centre of St Ives
- Being in the centre of St Ives within walking distance of everything.
- The marker shows where Cohort is in relation to the coast (5 minutes walk to the nearest beach), the town, Tate St Ives and the Hepworth Sculpture Garden.
- We will be the only group staying at Cohort for the duration of our trip.



# How Safe is Cohort St Ives?

- The front door is only unlocked when reception is staffed and if the school your child is travelling with has the whole hostel to themselves then the front door is kept locked the entire time.
- All dorm rooms / bedrooms are lockable with each student issued their own key.
- Cohort have safeguarding policies in place and adhere to a high level of health & safety.



# Social Areas



# Rooms



Rooming to be confirmed nearer the time, one girls room of 8, all other rooms sleep 6.

- Students have been asked to identify up to two other students they are happy to share with.
- They have also identified which meal they would like on the first evening.



Name:

**St Ives 2025**  
Mon 28<sup>th</sup> April to Thursday 1<sup>st</sup> May

Who I'm happy to share a room with. 

1.

2.

It's a good idea to speak to one another about this!

Please tick **only one meal option** for what you would like on our first evening 

Fish and Chips	
Fish and Chips Gluten Free	
Chicken Nuggets and Chips	
Sausage and Chips	
Burger and Chips	
Scampi and Chips	
Halloumi and Chips	
Chicken Burger and Chips	
Fish Cakes and Chips	
Halloumi Burger and Chips	
Avocado and Halloumi Salad	



# Bathroom facilities

- There are 3 shower blocks; one male, one female and one unisex.
- All students are expected to use the single sex facilities while staff members use the unisex facilities.
- Shower blocks are cleaned thoroughly once a day, checked regularly throughout the day and cleaned again at night if needed.



# Staff and Students

- **Miss Richards** Trip lead - HOY 9
- **Mrs Christopher** - Deputy Headteacher Designated Safeguarding Lead.
- **Mr Morland** - Assistant Headteacher, Character Development
- **Mrs Norman** - Unlocking Potential Pastoral Assistant (UPPA)
- **Mrs Lambrou** - TA Co-ordinator Assistant to Deputy SENDCo
- **44 Students** - 18 boys & 26 girls

# DAY 1 - Travel

- Early start!
- Need to be at school for **6:30am** to enable us to load the coach and depart at **7:00am**
- Please bring breakfast snack such as cereal bars / bananas etc for the journey...
- Travel to the Eden Project arriving at 11:30am
- Packed lunch also required for day 1



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# Day 1 - Eden Project

- Activity: Photosynthesis & Life Support / Ecosystems, Biodiversity and Us Workshop
  - **What happens on the day**
  - A member of Eden team will meet us on arrival.
  - We will have access to the inspirational Eden site for the day.
  - We will have a base for our bags in the purpose-built education centre, The Core
  - As we have booked a workshop, an Education Officer will set the group on their learning challenge and facilitate their exploration of the Biomes.
  - We'll have a space for us to eat our own lunch.





# Day 1 Evening

- Arrive at Cohort St.Ives 5:00pm approx.
- Welcome talk, including Health and Safety procedures from staff and tour of the building.
- Evening meal: Fish & Chips
- Tour of the town / harbour
- Return to Cohort to settle down for the evening after a long day!





# Day 2

- Breakfast at Cohort is a self-service affair consisting of a selection of cereal, bread for toasting, jam / marmalade, orange / apple juice and tea / coffee.
- If your child is vegan / gluten free relevant options will be available.



# Day 2 - Tate St. Ives & Barbara Hepworth Museum

- **Activity: Sketchbook Tour.** Sketch books will be provided along with basic drawing equipment.
- **Packed lunch provided by Cohort (sandwich + a piece of fruit + a chocolate biscuit + a bag of crisps)**



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# Day 2 – Evening meal & activity

- Two course evening meals; both of which cater to all dietary requirements.
- Melodies of Cornwall (Sea Shanty)  
Traditional Cornish music, learn how to write and sing your own sea shanty.



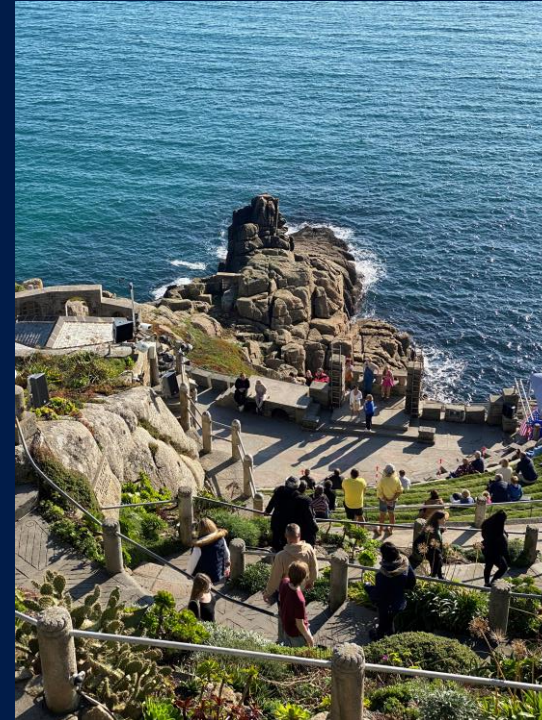
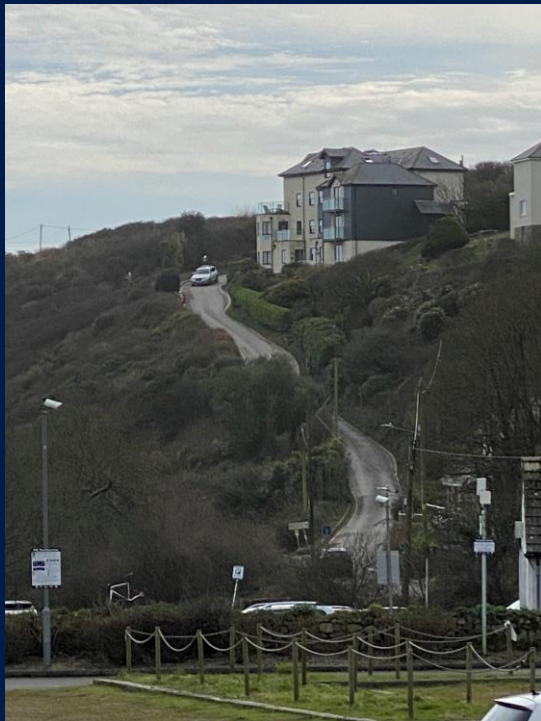
Singer songwriter  
[Nicole Tesseyman](#)

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# Day 3 - Porthcurno Telegraph Museum & Minack Theatre

- Activity: History of communication & Code breaking task,
- Minack Theatre, Rowena Cade museum



Packed lunch provided by Cohort (sandwich + a piece of fruit + a chocolate biscuit + a bag of crisps)

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# Day 3 Evening meal & activity

- Pizza and movie night
- Time to pack bags



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# Day 4

- Breakfast at Cohort
- Say good bye to Cohort and St. Ives
- Students will be provided with a packed lunch
- Depart for Falmouth University at 9:00am

# Day 4 Falmouth University

- Arrive at Falmouth University Penryn Campus 10:00.
- 10:15 – Welcome talk and an overview of what we do at Falmouth University
- 10:30 – Group will be split into smaller groups where they will tour the facilities with student ambassadors. This campus has fashion and textiles, film and TV, games, photography and performing arts
- 12:00 – 13:00 – Lunch – time to relax in the surroundings.
- 13:00 – Travel to the Falmouth campus by means of the beach
- 13:30 ish – Tour the facilities with student ambassadors – All Art and design
- 14:30 – wash up Q&A
- 15:00 leave the campus via the beach



Packed lunch provided by Cohort (sandwich + a piece of fruit + a chocolate biscuit + a bag of crisps)



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# Day 4 Travel home

- Depart from Falmouth University 3:15pm
- Arrive back at Kingshill school approximately 7:45pm

# Mobile Phones

- Students may bring their mobile phones, however we will expect them to hand them in for the night.
- During our evening meal students should put their phone on charge in their rooms.
- Students need to switch off their phones and we will collect them in for the night at 9.30pm
- Phones will be handed back the following morning.



# What to bring

- Clothes (suitable for the weather/conditions!)
- Waterproofs.
- Comfortable shoes.
- Entertainment for the journey/evening.
- Soap, towel, toothbrush/paste – no aerosol deodorants.
- Medication as required.
- Cameras and mobile phones – at own risk.
- Money. Suggested amount £25 for souvenirs, ice creams etc
- Some snacks/food (these are optional but may come in handy on the journey there).





# Cohort Kit list

please take a copy

- **Useful to bring**

- Ear Plugs
- Towels
- Lightweight toiletry bag
- Padlock (optional)
- Flip flops / sliders
- Pyjamas
- Dressing gown / cover up
- Hairbrush & Hairdryer
- Phone charger
- Earphones/buds
- Waterproof or quick dry rain jacket

- Layers
- Rucksack
- Sturdy shoes
- Spare Socks
- Extra underwear
- Glasses / plenty of contact lenses
- Sunglasses
- Sunhat / Cap
- Plastic bags
- Water bottle

- **No need to bring**

- Bed Linen
- Scented candles / tea lights / incense sticks
- Perishable food
- Swimwear



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# Medication / Medical forms

- All medication needs to be recorded on the triplicate form (yellow).
- All medication needs to be labelled with how much is required and when it needs to be taken.
- Medication will be looked after by staff on the visit (apart from inhalers) and will be administered when required.
- Epi-pens, pupils need to carry one, a teacher the other at all times.



# Safety and Responsibility

- Risk assessments.
- Behaviour policy - as per the school policy.
- Hostel rules.

# Contact Details

- In school hours: 01285 651511
- Out of school hours: Cohort St.Ives: 01736 791664

# Contact details for Cohort St. Ives

- The Stennack, St Ives, Cornwall, TR26 1FF
- Tel: 01736 791664 (Option 1 for the education team)
- Tel: 01736 791664 (Option 2 for on site / reception)
- E: [hello@stayatcohort.co.uk](mailto:hello@stayatcohort.co.uk)
- W: [education.stayatcohort.co.uk](http://education.stayatcohort.co.uk)



# Questions

- If you have any further questions please speak to one of us before you leave tonight.  
Alternatively, you can contact me on [vrichards@cirencesterkingshill.gloucs.sch.uk](mailto:vrichards@cirencesterkingshill.gloucs.sch.uk)

